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| 1. Problem or Issue: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **Problem Statement:** According to the CDC there are 86 million Americans living with prediabetes and nearly 90% of them are unaware of it. Data from 2 Mycounty hospitals show that a high percent (43%) of diabetes related emergency room visits are first diabetes diagnosis for a patient. A survey of county primary care provides indicates that less than 20% of providers have prediabetes screening protocol included in their practice routine. **Need Statement:** In Mycounty, measures of adult obesity, high blood pressure, and low physical activity, key risk factors in prediabetes, are above the average for NYS. In 2014 the Mycounty local health department conducted 10 diabetes screening clinics across the county, of the 1465 adults screened in these clinics 42% were identified as prediabetic.**Desired Outcome/effect/output:** Increase the number of primary care provides with prediabetes screening protocol included in their practice routine to 70% in year two and 100% in year three of program. Develop a referral system for primary care practices to refer identified prediabetic patients to a NDPP program sites. Build NDPP site capacity to meet county need. Lower incidence of adult type II diabetes in Mycounty by 25% in 5 years. |

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| What are potential barriers and/or supports that might impact the change you hope for? Are there policies, changes to service providers, or notable trends in your target population that could affect your program outcomes?  |
| 1. The organization where the program is housed

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| 1. Are there other programs/services your program’s target population {could, should, would} participate in that would influence your program outcomes (please describe).

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| 1. Describe activities and strategies to be implemented via the program.
2. At what stage of development is the program being implemented (i.e. is this an evidence-based program with lots of history or is it an innovative new approach).

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2. **Program marketing/**
3. **Establish referral system**
4. **Program Implementation**
5. **Continuous quality improvement/formative evaluation**
6. **Evaluation/Assessment/NDPP certification**

**Program Stage:** The National Diabetes Prevention Program is an evidence-based program. Program supports: life style coach trainings, program curriculum, program campaign materials, program assessment materials and support to program managers are all well developed.**Comparing Mycounty Target Population:** the majority of published studies on NDPP addressed populations in urban areas. Mycounty is a rural region. |