



Adirondack Health Institute

Community Report

▣ Collaboration ▣ Catalyst ▣ Community





A MESSAGE from the Chief Executive Officer – CATHY HOMKEY

The AHI Story

Since 1987, we've been an independent non-profit Article 28 organization under New York State Department of Health regulations, which means we support health care through the providers in our region. While not direct care providers, **we administer services to support the direct provision of care.**

When operating as the Upper Hudson Primary Care Consortium (UHPCC) we provided the region with management and administrative support services, workforce recruitment and retention, network organization and development, health center establishment, and regional strategic planning.

In 2011 we became the Adirondack Health Institute, a collaborative of three member organizations, adding a fourth in 2014. We built on our UHPCC foundation and worked with a large network of stakeholders to improve access to care and develop payment reform.

Relationships, Resources, and Expertise

With the changing health care needs of the region we expanded our offerings to include:

- Collaborative relationships for the improvement of health in the Adirondack region and New York State.
- Resources for our community partners as they expand coverage to our underserved region while also addressing rapid changes in the health care system.
- Programs designed to help communities make their neighborhoods healthy places to live and work.

Accomplishments

With our expansion came results:

- Improved patient and physician satisfaction;
- Stabilized primary care system;
- Achieved specific gains in quality indicators;
- Lowered costs by reductions in ER visits and inpatient stays.

Transition and growth

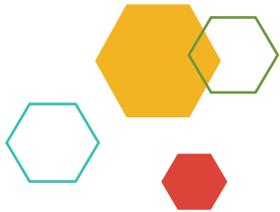
Just as we've been working to transform health care delivery, AHI has also been transforming. Within a 12-month span, we moved our main office to a new location and doubled the size of our staff. This growth enabled us to support our region on a broader scale.

In 2015 we simplified our name to **AHI** and launched a user-friendly website that folds all our services and programs under one branded umbrella. This website allows us to expand education, communications and share the impact of health care reform and community services to the people in our region.

Moving ahead - Collaboration, Catalyst, Community

As national and international recognition grows, our challenges and health care opportunities also broaden. Our established and expanding community collaborations are instrumental to our success as we all work towards population health.

Collaborative support allows us to act as a catalyst in our community. We envision transcending regional boundaries on a mission to lower costs, improve care and **realize a healthier future for our greater community.**



AHI

Programs at Work

Community HEALTH Services

ANNUAL GRANT REVENUE:

nearly \$1.6 million

DIRECTLY SERVED **over 5,000**



Adirondack Rural Health Network – ARHN

ARHN creates a collaborative process for developing strategies and for implementing, monitoring and evaluation the regional health care system.



Enrollment Assistance Service and Education – EASE

Assisting individuals and families and small business owners and their employees shop for, compare and enrolling health insurance coverage through the NY State of Health Marketplace.



Population Health Improvement Program – PHIP

This new initiative is an effort to bring together a variety of stakeholders in the North Country that impact, or are impacted by, health and health care issues. PHIP promotes the New York State's Triple Aim of improving regional health care, population health and lowering health care costs.



Sexual Trauma and Recovery Services – STARS

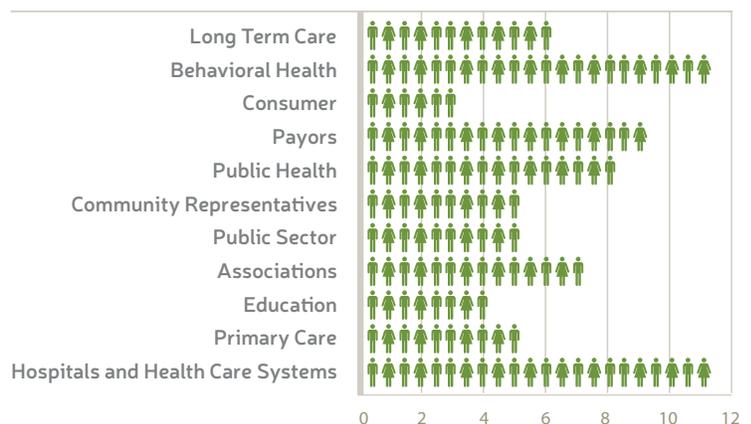
STARS provides community education and free, confidential services to sexual assault survivors in Washington County.

39 ARHN partners
+ **200** SUMMIT attendees

ENROLLED 1,531 during the *November 2013–April 2014 period*

TRAINED nearly 1,500 community leaders and organizations since the program was implemented in July 2013

AHI Committee Participation by Sector



More than 1,500 RESIDENTS SERVED through its **EDUCATION TRAINING, 24-HOUR HOTLINE** and **COUNSELING SERVICES**

Health System TRANSFORMATION

ANNUAL GRANT REVENUE:

\$11,625,608

TOTAL ATTRIBUTED

LIVES: **99,231**

“The DSRIP planning process is core to living out the Triple Aim in the North Country. I serve on DSRIP committees statewide and I feel that AHI has assembled one of the finest teams in the state, and maneuvered through the planning process with skill and efficiency... **AHI is a stand-out leader in making good things happen.**”

– Elizabeth Zicari, RN, BSN, CENP,
President/Administrator
HCR Home Care, Rochester, NY



Health Home

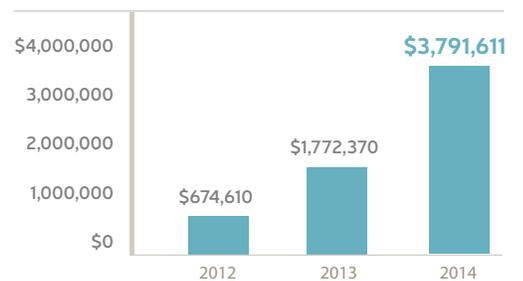
Adirondack Health Home is a care management service ensuring that all caregivers involved with an individual patient communicate with one another so that a patient's needs are addressed.

\$3,791,600

ANNUAL REGIONAL REVENUE

Glens Falls Hospital merger
TOTAL PATIENTS SERVED
2012-14: **5,969**

Health Home Revenue



Medical Home – AMHI

The Adirondack Medical Home Initiative (AMHI) is a collaborative effort by health care providers and public and private insurers to transform the health care delivery system in our rural upstate New York region. The goal is to ensure quality, accessible care while working to contain costs.

\$7,834,008

ANNUAL REGIONAL REVENUE

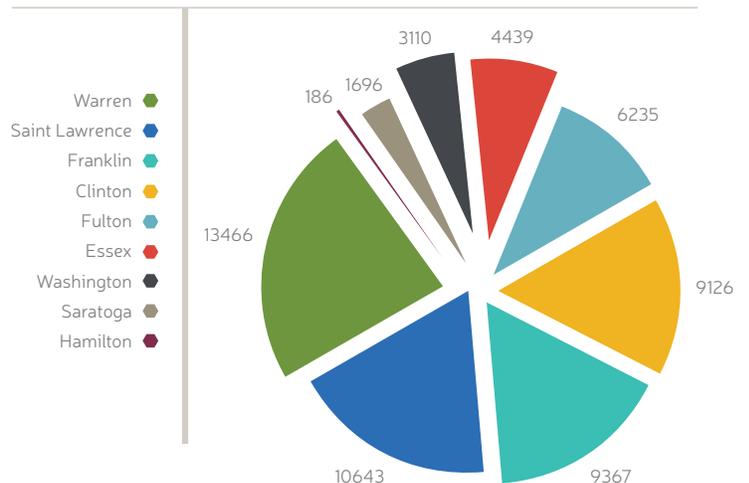
TOTAL ATTRIBUTED LIVES **93,262**



AHI PPS – DSRIP

Providers collaborate to implement innovative projects focusing on system transformation, clinical improvement and population health improvement in the Delivery System Reform Incentive Payment (DSRIP) program.

AHI PPS – DSRIP Total Attributed Lives

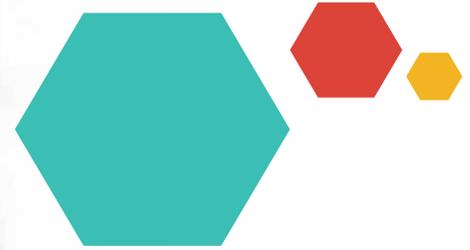


PLANNED **11 projects** with more than
100 partner organizations representing
nearly **1,400 providers**

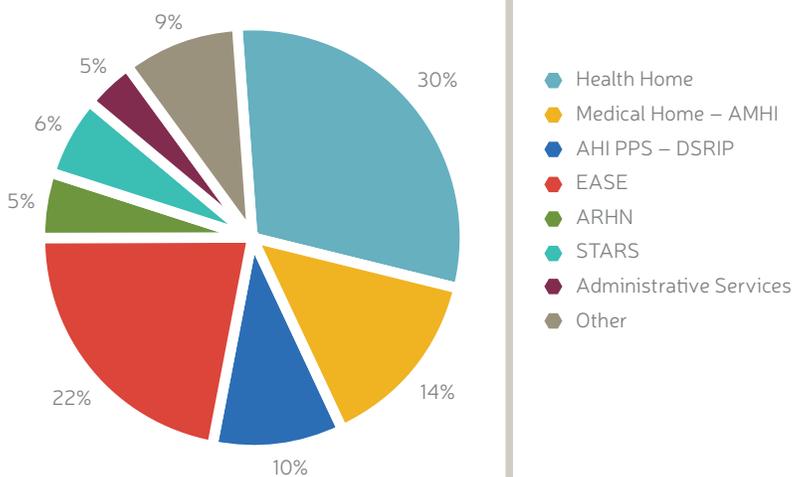
AHI

Financial Highlights

as of 12.31.14



Program Funding Distribution

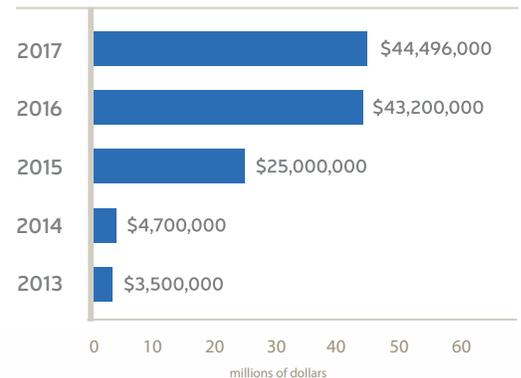


“AHI is a valued partner in supporting our initiatives, maintaining a strong focus on primary care transformation and the shift to population health management. As a regional convener, AHI has a history of success that has facilitated health care design and reform in our region.”

– **Karen Ashline**
Assistant Vice President,
Adirondacks ACO



Five Year Annual Funding Projection



“I am so glad we have AHI, I feel the process has been very inclusive and member driven.”

– **Patty Hunt RN, BSN, MPH**
Public Health Director
Washington County Public Health



AHI is an independent, non-profit organization that partners with regional health care providers and community-based organizations to **improve care, lower costs, and realize a healthier future.**

We do this three ways:

- ◊ *Promote population health best practices and implementation strategies;*
- ◊ *Manage programs for health advancement; and*
- ◊ *Ensure individuals have access to care.*

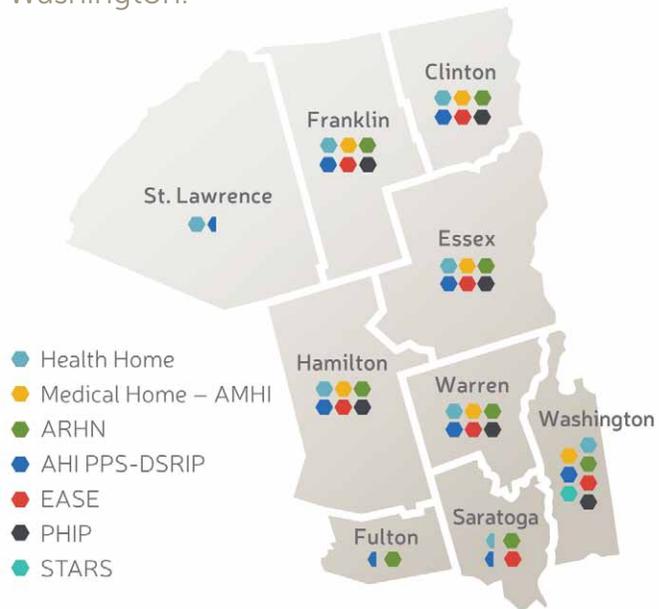
MISSION: Promote, sponsor, and coordinate initiatives and programs that improve health care quality, access, and service delivery in the Adirondack region.

MEMBERS: AHI is a joint venture of Adirondack Health, Glens Falls Hospital, Hudson Headwaters Health Network and UVM Health Network–Champlain Valley Physicians Hospital.

SERVICES: We serve a **NINE-COUNTY** region throughout the North Country and the Adirondacks: Clinton, Essex, Franklin, Fulton, Hamilton, Saratoga, St. Lawrence, Warren and Washington.

AHI utilizes our relationships, resources, expertise, and capacity to provide technical assistance and value-added services in the following areas:

- Program Administration*
- Consumer/Provider Advocacy*
- Outreach and Education*
- Data Services*
- Workforce Recruitment and Retention*
- Marketing and Communications*
- Performance Improvement*
- Research and Evaluation*



Adirondack Health Institute

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