

Evidence-based Health Coaching

Upon completion of this CoachClinic training, participants will be able to:

- *Identify major differences between health coaching and traditional methods of health teaching*
- *Write a measurable outcome appropriate for health coaching*
- *Describe how active listening is used in health coaching*
- *Describe how to facilitate health behavior*
- *Identify your communication style*
- *List six criteria for setting goals*
- *Describe the OARS technique*

Target Audience

Clinical/licensed health care staff or allied health care staff with a commitment to participate in a blended training program to learn critical components of skillful patient/client conversation.

Program Description

Evidence-based Health Coaching and Motivational Interviewing skills are key critical components of skillful patient/client conversation and in this program are taught through personal self-assessments, case studies, group discussion, and practice, practice, practice!

Continuing Education

Six CE's will be awarded for the in-person event. There is an ability to earn an additional 28.2 or 33.8 CE's.

Certification

Certification is available only for clinical health care providers.

Certification is awarded after self-study and successful completion of the NSHC Certification Exam.

Certificate of Completion is available for allied health care providers not licensed or credentialed as a provider, and is interested in NSHC programs for continuing education. Certificate of completion is granted upon successful completion of a timed, online test completed within 12 months. This is **NOT** a certification.

May 18, 2017

*Crowne Plaza Lake Placid
8101 Olympic Drive
Lake Placid, NY*

Each attendee holding a professional license must provide their credential information upon registration.

To register, please visit https://healthcoaching_ahi.eventbrite.com